

The Heat Report



La La Land Tournament, Los Angeles Match Report - September 12, 2009

Wow what a weekend.

The La La Land tournament was great fun. The weather was perfect and there was much netball to be played. With a total of 12 teams entered from east to west coast, we played in a round robin of 11 games over 2 days. needless to say we were exhausted, yet exhilarated by Sunday afternoon.

Thanks to everyone that helped fill in our team, in particular Hyacinth from Atlanta, Kat from San Fran and Alex who played multiple games making up our 7th player on the team

Our First Match on Saturday morning was against the LongBoards mixed team. Despite not playing during the summer and our shooters shooting in basketball hoops in practice, we jelled as a team and pulled out a win, 19-14. Our defense was unstoppable and fresh legs brought the ball up the court with ease, passing accurately and topping it off with a ball in the net!

The second game against the Stars was a little tougher. An experienced and skilled team, they gave us a run for our money. The score was close throughout the game with each team moving ahead. Faye and Ava pulled through and accurate shooting won us the game 8-7. It was a great and shocking win for Heat and gave us a bit of confidence in

The next few games were much harder for us. We took losses against Riptide, United, and Crusaders 1.

Our first game on Sunday was bright and early against the Navigators. they make the game look effortless, and every pass is accurate and strong. their defense is relentless and their shots are spot on. We were thrilled that we even managed to score 4 goals, 2 for Faye, 2 for Ava. We couldn't get past their defense so we were taking long shots, it was our only option.

Our passing was improved and we played a game to keep possession of the ball more so than any other game. We used short quick passes, bounce passes and kept moving around the court.

The end score was 36-4 to the Navigators.

We had our first injury in this game and Emma was hurt with a pulled quad.

The next game against the Cowgirls was a little rusty and we lost our team chemistry. With our injured defense and their accurate shooting, we lost the game 12-13. with the extent of Emma's injury, this was her last game which left us with 5 players.

Luckily for us, Steph's cousin flew in from Sydney that morning and played with us for the remainder of the day. He was a whopping 6 feet plus tall and gave us a great advantage in the defensive circle.

The day continued with a loss against the cowgirls, Crusaders 2, Riptide and wins against Seattle, Comets and a draw against MINC.

Overall it was great fun and great experience for us to compete with such a fun crowd. Everyone worked hard and gave their all to the team.

Thank you to LA Waves Club for hosting such a wonderful weekend of Netball.

- Heat vs Navigators 4 - 36
- Heat vs Riptide: 7 -23
- Heat Vs Tidal: 3-18
- Heat vs MINC: 8- 8
- Heat vs LongBoards: 19-14
- Heat vs Crusaders: 13-16
- Heat Vs Crusaders 2: 7-9
- Heat vs Seattle 12-11
- Heat vs Stars:8-7
- Heat vs Cowgirls: 12 -13
- Heat vs United: 8 - 14

Congratulations to the Crusaders; undefeated throughout the tournament they placed 1st.

1....2... HEAT

